BA 4 Year Planner Psychology Department San José State University

This document outlines courses a 4 year student can take to complete the Psychology BA degree requirements. This planner is a useful guide, but they should be used in consultation with Department Psychology Advisors to address each student's individual circumstances. Some useful links on the department website are BA in Psychology, Advising Hours, Building Your Course Schedule for Lower Division Students, and Building Your Course Schedule for Upper Division & Transfer Students.

4 Year Planner Overview

This planner contains an general BA 4 Year Roadmap (p. 2) and a Sample 4 Year Schedule (p. 3).

The overview of the BA in Psychology degree requirements illustrates

- The courses you need to take to fulfill the Psychology BA degree.
 - The psychology course catalog lists all psychology courses and their prerequisites.
 - The <u>psychology syllabus archive</u> can give you more detailed information about course content, expectations, and so forth.
- The *general* sequence in which courses should be taken, but note that there are many paths you can take to completing your degree.
 - PSYC 1 is a prerequisite for upper division psychology courses (course # 100 or above)
 - STAT 95, PSYC 18, and/or BIOL 21/65 are prerequisites for some upper division courses.
 - PSYC 100W is required for PSYC 118. PSYC 118 is a pre/corequisite for PSYC 190. We recommend that these courses be taken in separate semesters. See psychology advisers for additional details

Sample 4 Year Planner

• Is an advising tool that outlines *one sample path* of courses a student can take to complete requirements for graduation, but there are many paths one can take to complete our psychology degree. This planner should be used in consultation with the catalog and your department advisers to identify additional requirements for completing the major.

Making Timely Progress to Your Degree

There are many resources at SJSU to help guide you to making timely progress to your degree. A few of these resources are:

- ACCESS Center advisers. The Academic Counseling Center for Excellence in the Social Sciences
 (ACCESS) provides General Education advising for undergraduate students majoring in any of the
 departments in the College of Social Sciences (CoSS). ACCESS advisers can assist you with Academic
 Planning, Graduation Planning, Mandatory Freshman Advising, Probation Advising
- <u>Psychology major advisers</u>. Psychology major advisers can provide detailed guidance on how to
 make timely progress to your psychology degree, help you with psychology-related minors, career
 advice, and also provide general advising.
- Become comfortable using MyProgress, MyPlanner, and MyScheduler.
- See an advisor for guidance on your specific scheduling requirements and needs.

Other useful links: <u>Psychology Course Catalog, Syllabi Archives, ACCESS Advising, Lower Division GE Requirements, Upper Division GE Requirements</u>

Psychology BA 4 Year Roadmap



Lower Division Courses

Psychology

*PSYC 001 is a prerequisite

to upper division coursework

except for STAT 115, PSYC 117

PSYC 001 Introduction to

STAT 95 Elementary Statistics*

Prerequisite: Math Enrollment category M-I or MII, or completion of a GE Area 2 course with a grade of C- or better.

BIOL 21/65 Human Biology (with lab)



*Successful completion of the SJSU Statway (UNVS 15) sequence is also accepted



RED ARROWS indicate prerequisite/corequisite course sequences.

Example: PSYC 001 and STAT 95 are prerequisites for PSYC 18

PSYC 018 Introduction to Research Methods

Prerequisites: PSYC 001, STAT 95

PSYC 030 Introductory Psychobiology

Prerequisites: BIOL 21 or BIOL 65

Upper Division Courses

PSYC 100W Writing Workshop Partial List of Prerequisites

Psychology Majors/Minors, Behavioral Science Majors only. PSYC 1; STAT 95 or senior standing. Satisfaction of Writing Skills Test, Upper Division Standing. See Course Catalog for full list of prerequisites

Developmental (Take 1)

PSYC 102 Psychology of Childhood PSYC 112 Psychology of Adolescence PSYC 114 Psychology of Aging

Psychopathology (Take 1)

PSYC 110 Adult Psychopathology

PSYC 142 Child Psychopathology

Assessment (Take 1)

PSYC 117 Tests and Measures Prerequisite: STAT 95 or equivalent STAT 115 Intermediate Stat Prerequisite: STAT 95 or equivalent

Notes This handout is a general guide to the

Psychology BA, starting Fall 2019. It is important to meet with a **Psychology Major Advisor for** additional important, detailed quidance.

See the course descriptions in the course catalog for a full list of courses and their prerequisites. It is recommended that 100W, 118, and 190/195 be taken in different. consecutive semesters. There is flexibility in when you take other upper division courses, but see an advisor and/or our advising

resources for suggested sequences.

PSYC 118 Advanced Research Methods Prerequisites

Psychology or Behavioral Science majors only. STAT 95, PSYC 18, PSYC 100W with a "C" or better (or departmental approval). All Lower division GE complete; Upper divsion standing

Social and Personality (Take 1)

PSYC 139 Personality PSYC 154 Social Psychology

Engagement (Take 1)

Example: PSYC 148, PSYC 194, COMM 157SL, See Course Catalog for full list

Capstone (Take 1)

PSYC 190 Current Issues Capstone Prerequisite: PSYC 100W and senior standing Co/Prerequisite: PSYC 118 or PSYC 120 PSYC 195 Honors Seminar Prerequisite: at least 18 units of PSYC/STAT, PSYC 100W, PSYC 118 or PSYC 120, overall PSYC/STAT GPA of 3.5, Senior Standing

Cognition, Brain, & Behavior (Take 2)

PSYC 135 Cognition PSYC 155 Learning **PSYC 158 Perception** PSYC 129 Neuroscience Prerequisites for 129: PSYC 30 & 3 BIO units OR 9 BIO units

Psychology Electives (Take 3)

upper or lower division (3 units) upper division (3 units) upper division (3 units) See Course Catalog for full list of

electives & their prerequisites

Version: 07/2025

SAMPLE: 4 YEAR SCHEDULE

Year 1, Fall Semester		Year 1, Spring Semester	
Course or Requirement	Units	Course or Requirement	Units
PSYC 1 (GE Area 4)	3	BIOL 21 or BIOL 65 (GE Area 5B+5C)	3
GE Area 1A	3	STAT 95 (GE Area 2)	3
GE Area 1C	3	GE Area 1B	3
American Institutions (GE Area 4)	3	American Institutions	3
GE Area 6	3	GE Area 3A	3
Total Semester Units:	15	Total Semester Units:	15
Year 2, Fall Semester		Year 2, Spring Semester	
Course or Requirement	Units	Course or Requirement	Units
PSYC 18	3	PSYC 102, 112, or 114	3
PSYC 30	3	PSYC 110, or 142	3
GE 5A	3	University Elective	3
GE 3B	3	University Elective	3
University Elective	3	University Elective	3
PE	1	PE	1
Total Semester Units:	16	Total Semester Units:	16
Year 3, Fall Semester		Year 3, Spring Semester	
Course or Requirement	Units	Course or Requirement	Units
PSYC 100W	3	PSYC 118	3
PSYC 139 or 154	3	PSYC 117 or STAT 115	3
PSYC 135, 155, 158, or 129*	3	PSYC 135, 155, 158, or 129*	3
	3	GE Upper Division, e.g. Area 3	3
University Elective	3	(e.g. POLS 170V)	3
University Elective	3	University Elective	3
Total Semester Units:	15	Total Semester Units:	15

<u>Apply for graduation</u> by mid-semester for priority registration. Visit our <u>Graduation Information</u> page for additional support.

Year 4, Fall Semester		Year 4, Spring Semester	
Course or Requirement	Units	Course or Requirement	Units
Psychology Elective (UD or LD)	3	PSYC 190 or 195	3
Psychology Elective (UD)	3	Psychology Elective (UD)	3
GE Upper Division, e.g. Area 4 (e.g. PSYC 191)	3	GE Upper Division, e.g. Area 2/5	3
Psychology Engagement Course	3		
(see <u>catalog</u> for options)	3	University Elective	3
University Elective	3	University Elective	1
		If needed: extra units (120 total needed to graduate)	Variable
Total Semester Units:	15	Total Semester Units:	13

Check MyProgress for outstanding requirements; Meet with an advisor to verify progress to degree. Check your email for <u>commencement</u> information (there are separate ceremonies for Fall and Spring graduates).

UD = Upper Division **LD** = Lower Division

This is a sample schedule. There are other paths to complete the major. Please see an advisor for additional guidance on your specific scheduling requirements and needs.

^{*} Students need to take 2 courses from the following: PSYC 135, 155, 158, or 129.